

Provence

Wildlife at Leisure

A Greentours Tour Report

8th to 15th April 2025

Led by Paul Cardy

Daily Accounts and Systematic Lists written by Paul Cardy

Day 1 Tuesday 8th April

Arrival, to Plaine des Maures

Having spent the previous night in Nice, I'd spent the day driving to and from our hotel on the Plaine des Maures, there completing several practicalities, and checking out the flora at my favourite sites.

Once back at Nice Airport I returned my hire car (which I'd had for only a few hours!), and collected the mini-bus, leaving it in the car hire parking whilst I met the group. Of course, as nearly always here, I had to split myself between the two terminals, with most arriving at Terminal 1, but Otto at T2. The new transfer tram between the terminals makes things a little easier.

The mini-bus loaded we were soon on our way west. Evenings in Provence are beautiful in spring, and we enjoyed the scenery and floral colour on the journey. *Antirrhinum majus* featured on the verges.

The motorway took us west, the Prealpes de Grasse to the north, then into the Department of Var, the Massif de L'Esterel to the south, then reaching the Plaine des Maures.

We arrived with a little time to settle in to the beautiful rooms, I already had all the keys, which saved a lot of time, and met for a very welcome dinner in the excellent restaurant.

Day 2 Wednesday 9th April

Plaine des Maures

We awoke to splendid weather and enjoyed a superb day on the Plaine des Maures, the morning's sites all being close to the hotel, and in the afternoon completing a longer circuit in quite different habitats.

The tranquil hotel gardens were a fine location, and a good breakfast was set out by the friendly staff. I had driven to a nearby supermarket to get fresh picnic supplies. As we drove away, Pheasant was seen near the hotel, a bird I don't see often in mainland Europe.

The Plaine des Maures is unusual habitat, a siliceous massive amid the limestone so typical of Provence. Geologically similar to most of Corsica, the flora reflects the acidic substrate.

Characterised by beautiful savannah forest of Holm Oak, Downy Oak, Cork Oak, Stone Pine, and Maritime Pine, maquis of *Erica arborea*, *Erica scoparia*, *Phillyrea angustifolia*, and *Juniperus oxycedrus*, and a ground layer of French Lavander, abundant *Thymus vulgaris*, and a rich spring flower display, the flora was at its best at this time.

Immediately roadsides had many fine *Iris lutescens* in yellow and purple flowered forms, numerous *Anemone hortensis*, and cistus featured this season, with often common *Cistus albidus*, *Cistus salvifolius*, and *Cistus monspeliensis* at many sites we visited.

At the first stop we admired the beautiful *quinquevulnera* form of *Silene gallica*, white with purple markings, common here. Storksills were represented by *Erodium acaule*, *Erodium botrys*, and the common *Erodium cicutarium*, and there were *Geranium molle*, *Geranium rotundifolium*, and *Geranium dissectum*. A fine patch of *Parentucellia latifolia*, in two different forms, was here, and we saw *Linum bienne*, *Tuberaria guttata*, *Anthericum liliago*, and *Sedum caespitosum*.

Before long we saw our first orchid, *Serapias neglecta*. This fine species is common here, and we would see very many over the next few days, an orchid that is generally scarce elsewhere in its essentially Tyrrhenian range.

Butterflies began with the familiar Small Copper, Green Hairstreak, and Holly Blue. A millipede was seen, then many more found under a fallen piece of cork. Quartz crystals were impressive and Pauline found a green and copper carabid. Cuckoo called.

At the next stop was naturalised *Iris germanica*, *Carex divisa*, and buttercups featured with *Ranunculus revelieri*, *Ranunculus paludosus*, *Ranunculus ophioglossifolius*, and *Ranunculus muricatus*. The water starwort in puddles here was probably *Callitriche brutia*.

Here were many *Iris lutescens*, purple and yellow, with a great choice of which to photograph. Leaves of *Thapsia villosa* were a feature, an umbel we don't often see elsewhere. A great find was *Serapias olbia*. Here too were *Stachys arvensis* and *Asterolinon linum-stellatum*.

At the next stop the superb flora continued with *Orchis lactea*, *Arum italicum*, and *Coleostephus myconis*. Wet hollows on the boulders supported a suite of tiny special plants in fine flower, *Juncus capitatus*, *Juncus pygmaeus*, *Isolepis setacea*, and *Isolepis cernua* all here, the quillwort *Isoetes durieia* a great find, and *Cicendia filiformis* in flower. *Ornithogalum angustifolium* was in bloom, and *Spergularia segetalis* was distinctive.

Another site had aquatic *Ranunculus peltatus* and *Ranunculus trichophyllus*. Here we saw the first *Tulipa australis* in attractive flower, and *Muscari comosum*. Corn Bunting sang. *Asphodelus macrocarpus* was seen as we drove.

After a short drive to the west I set out the lunch in a tranquil spot, where *Tuberaria lignosa* was in flower.

An interesting drive now took us through different habitats, *Cytisus villosus* becoming a feature.

A stop was prompted by *Orchis provincialis* that I spotted as we drove. Southern Festoon was seen as we got out of the vehicle, and Cleopatra was flying. Here we were soon finding many new plants, such as Pitch

Trefoil, *Smilax aspera*, *Euphorbia amygdaloides*, *Campanula trachelium*, *Campanula rapunculus*, and *Euphorbia dulcis*. *Aristolochia rotunda* was numerous, the foodplant of the festoon. As well as the *Orchis provincialis* were *Cephalanthera longiflora* and several Dense-flowered Orchids.

Next we took a very minor road, was it really open or would we find it closed at the other end? I was reassured when we finally met another vehicle coming in the other direction! *Euphorbia seguieriana* was here, *Lupinus angustifolius* on the verges, *Tragopogon angustifolius* was a good find, and *Saxifraga granulata* was a feature. Humming-bird Hawk was seen, a species we saw often during the week.

Fine views of St.Tropez prompted a stop, and here we saw Nettle-tree Butterfly near its foodplant.

On roadsides locally was attractive red flowered *Echium creticum*. Also seen today were *Misopates orontium*, *Biscutella cichoriifolia*, *Clypeola jonthlasi*, *Moenchia erecta*, *Sagina subulata*, and *Barlia robertiana*, this at many sites during the week, probably the most numerous orchid we saw.

The circuit completed we arrived back at the hotel with time for a stroll, or to relax, or catch up with notes, before another excellent dinner. Midwife Toad called.

Day 3 Thursday 10th April

Sainte Baume

A day in the limestone massif of Sainte Baume, on the western boundary of the Department, gave a great contrast to the acidic flora of yesterday. A supermarket stop en route allowed for any supply shopping for everyone, and of course for Otto to buy Nice Matin.

Initially we headed purposefully west, and after only an hour had reached the eastern slopes of our destination, and along a quiet leafy road made our first stop. Moroccan Orange-tips were on the wing, Orange-tips too. *Viburnum tinus* was in flower. *Arabis verna* was as always a pleasing find with the prosaic *Arabis hirsuta* here too. Rosemary featured, there was attractive *Euphorbia flavicoma*, *Tragopogon porrifolius*, and *Helianthemum oelandicum*. Holly Blue was on the wing.

Once through the isolated town of Mazauges the landscape became wilder, a plateau of limestone pavement, where *Iris lutescens* began, here yellow flowered, and noticeably shorter than those in Maures. *Aphyllanthes monspeliensis* and *Aethionema saxatile* were here. Many *Ophrys fusca* flowered on one slope, the only site we would see it. *Astragalus incanus* was a good find, superficially looking like a *Hedysarum*. *Linum narbonense* and *Muscari neglectum* continued the variety and a few Man Orchids were found.

Baton Blue was seen well, its foodplant the thyme, numerous here. Spanish Festoon was a great find too, so we'd seen both local festoon species in the last two days.

The next stop was prompted by yellow flowered *Dactylorhiza sambucina*. Each stop was producing new species, here *Valeriana tuberosa*, *Saxifraga tridactylites*, *Phillyrea latifolia*, *Potentilla neumanniana*, and *Helianthemum apenninum*. *Geum sylvaticum* was a pleasing find, another species I don't see often.

Helleborus foetidus prompted the next stop, where Cowslips, *Hepatica nobilis*, and pink flowered *Dactylorhiza sambucina* bloomed in the leaf litter.

The wild habitat changed as we reached a large sprawling settlement in a hidden valley. Flowering patches of *Diplotaxis eruroides* were a feature.

Taking another minor road up to a pass the views to the north and west were remarkable. We had crossed into the next Department, Bouches-du-Rhone. Here was *Antirrhinum latifolium*, not seen since the motorway verges and *Iberis saxatilis* in fine flower.

The road took us south, via a series of hairpins. At a junction with a track I set out the lunch. Here were *Bupleurum fruticosum* and *Allium neapolitanum*, but the best thing here was superb flowering *Saxifraga fragosoi* that I showed to everyone after lunch.

Pinus halepensis became a feature and we saw *Asphodelus cerasifera*, Cleopatra, *Narcissus poeticus*, and *Rubus canescens*. We were all 'impressed' (not in a good way) by a wild west theme park that we drove past, it was absolutely heaving with visitors, this being half term.

Now, heading east, a stop at a very quiet motorway aire yielded *Serapias vomeracea* and *Ornithogalum umbellatum*.

Back on the Plaine des Maures, we had time to visit the lake that I'd seen signposted near the hotel. Having ascertained by asking a couple of people, that we could indeed drive almost to the lake itself we set out on foot. The highlights here were a superb show of tulips in fine flower, and two Violet Limodores.

We enjoyed another excellent dinner at the hotel.

Day 4 Friday 11th April Domaine du Rayol, Var coast, to Grasse

We said our fond farewells to St.Roux. A fine drive took us towards the coast. Near St.Tropez I bought lunch sandwiches at a Paul boulangerie.

Now driving west along the coast, affluent towns and yacht filled harbours mixed with wild stretches, we reached the fine gardens at Domaine du Rayol. I was pleased to be back, and the friendly staff were happy to let me park the mini-bus right beside the main gate.

We spent the remainder of the morning walking slowly admiring the planted gardens and the native vegetation. In borders near the gate were several *Orobanche ramosa*, now called *Phelipanche nana*, including one white flowered individual. *Urospermum dalechampii* was typical of the Mediterranean,

The gardens boast a series of Mediterranean biomes. Things began with a Canaries theme, then South Africa, Chile, and so on. Among the many species were *Polygala myrtifolia*, *Carissa bispinosa*, and a *Clivia*. A fine floriferous *Erythrina* was admired by everyone that saw it. *Menyanthes trifoliata* was a surprising find.

A superb lawn full of fine *Serapias neglecta* was a highlight, several individuals being incredibly floriferous. Common Blue was on the wing. *Vinca difformis* was abundant, and the large leaved *Hedera algeriensis* was distinctive. I was very pleased to again find *Limodorum abortivum* in flower, and other natives included *Muscari comosum* and *Teucrium fruticans*.

Having reached the furthest point of the walk, the Villa Rayolet, the Bolivian cactus *Deuterocohnia lorentziana* was particularly impressive. Native *Vicia bithynica* and *Vicia disperma* were in flower. Holly Blue continued the British theme. Ladder Snake was basking on the path, soon moving into the undergrowth but seen well enough for identification.

The gardens have a superb bookshop in the main building and we had plenty of time to browse. It was here I'd found the excellent Var Flora on my previous visit, and a fine monograph on European Ferns. Remarkably I bought not a single book today!

We ate lunch in the shade of the garden in front of the HQ. Here was a fine selection of plants for sale.

It was time to head east towards Grasse, initially towards St.Tropez, then Frejus near where we joined the motorway. This coast is mostly urban. We had intended to explore the interesting coastal vegetation near St.Aygulf, and also the saltmarshes there. Access proved impossible. The car park was closed, and the alternative, by the beach, was a nightmare, hundreds of cars, more people, the beach packed. The complete opposite to all our experiences in the field, having most of the beautiful sites we visited completely to ourselves. Having unsuccessfully tried a few other possible points of access, we moved on.

We did see *Anthyllis barba-jovis* as we drove, but would see it again closely in a few days time. Very locally on the motorway verges was the grass *Arundo plinii*, shorter than the much commoner familiar *Arundo donax*.

Leaving the motorway we arrived near our destination with time to spare so I drove us onto the lower slopes of Prealpes de Grasse, and we took a woodland stroll. The highlight here was a prolonged view of Western Green Lizard, stationary and close to us. Sightings of green lizards are so often only fleeting.

We reached our hotel, quietly situated in a characterful village. Amid gardens, it had a very large empty car park, always a bonus. The rooms were beautiful, and the receptionist Georgia, and the owner Annick were extremely welcoming and helpful. This was a new hotel for us, and a great find, I hope we'll use it for years to come.

No restaurant in the hotel however, during our stay here we ate in two different restaurants in the village, both within walking distance, the first open only tonight and tomorrow, the second would be open Sunday and Monday, so that worked well. Tonight's restaurant had some striking Easter decorations!

Days 5 and 6 Saturday 12th April and Sunday 13th April Prealpes de Grasse

Breakfast was enjoyed either inside or in the garden.

I made a short stop at a nearby supermarket for lunch supplies.

Climbing again above Grasse onto the Prealpes, Red Squirrel scampered across the road. The first woodland stop had many *Hyacinthoides italica* in fine flower. Hepatica was in flower and would be abundant today. *Aristolochia pallida* in flower was a pleasing find.

Another stop afforded great views of the impressively located village of Gourdon.

Once above Gourdon, on open limestone slopes, we saw *Globularia bisnagarica*, *Aethionema saxatile*, *Centaurea paniculata leucophaea*, and *Potentilla hirta*. A minor road took us onto extensive limestone pavement, a wild and little visited place. Wryneck called and Wheatears were much in evidence. It was still very early spring here, with abundant *Hepatica* flowering in the woods. *Corydalis solida* was a good find and *Sesleria caerulea*, typical of the limestone, was already in flower. Spring Ringlet was on the wing, a scarce species. Roe Deer was a bonus.

Nearby was fine *Narcissus pseudonarcissus provincialis*, a small flowered endemic subspecies. A stalked puffball was found.

Reaching the Plaines des Caussols we walked across the slopes towards a box covered hillside. In a few weeks time the wet meadows below us would be full of Poet's *Narcissus* and *Dactylorhiza majalis*.

In the turf were several *Gagea reverchonii*, many *Corydalis solida*, and *Crocus versicolor* in fine flower. Skylark sang.

Next we drove to our *Paeonia officinalis huthii* site, but as expected they were still in bud, nevertheless it's always pleasing to see these plants again. Queen of Spain Fritillary was on the wing.

I drove us back onto the limestone ridge above Caussols and set out the lunch in a very quiet spot where *Gagea pratensis* was in flower.

Next was a detour to a site for the very local endemic *Erodium rodiei*. I had seen it in flower here on similar dates last year, but today there were not even any in bud. The distinctive leaves were however numerous here. Walking further up the slope we found several *Orchis mascula*.

A longish drive took us on ever more minor roads through the Prealpes.

A stop for views of the Gorge du Loup proved a highlight. Things began with *Laurus nobilis* and *Iberis linifolia*. But I soon spotted the first orchids, and it turned out there was quite a selection of *Ophrys* on one short stretch of roadside. Here were *Ophrys marmorata*, *Ophrys aranifera massilensis*, *Ophrys provincialis*, *Ophrys virescens*, and *Ophrys exaltata arachnitiformis*, quite something.

That evening we were welcomed again at the same restaurant.

The following day we explored a different part of the Prealpes. Initially an interesting drive took us through towns and villages to Vence, where I found the road that took us onto the wild country of the Col De Vence. Fine *Barlia robertiana* was a feature today, the commonest orchid of the tour. At the first stop were also *Iberis linifolia*, an orange and black woodlouse, many millipedes, and Wall Brown.

Next was fine flowering *Symphytum tuberosum*, and impressive rosettes of *Sempervivum calcareum*. Walking onto extensive limestone pavement we saw *Orchis mascula*, rosemary, *Valeriana tuberosa* and *Asterolinon linum-stellatum*. *Cuscuta epithymum* was indeed parasitic on *Thymus*. Also here was *Orchis morio*, including a white flowered individual.

The next stop was prompted by superb *Fritillaria involucrata* that I spotted from the vehicle. Parking beside a bridge we walked back along the quiet road and found a good number in perfect bloom.

Soaring Griffons were at the next cliffside stop.

Taking a side road I set out the lunch. The distinctive *Ranunculus gramineus* was in flower and *Viscum album austriacum* was parasitic on pines.

At the top of this road was the discreet ski resort of Greolieres les Neiges, a very quiet isolated place, with snow on the slopes above. Coal Tit was in the trees, *Ribes uva-crispa* was here, and in the turf bloomed *Potentilla velutina* (*P. cinerea*) and *Iberis saxatilis*.

At a viewpoint a bonus was many *Primula marginata* in perfect flower. Another detour took us into quiet woodland. Hoopoe was seen.

Making another stop for soaring Griffons, at another viewpoint above the village of Cipieres, we confirmed that the campanula we'd been seeing was indeed *Campanula rotundifolia*. Taking the scenic road along the Gorges du Loup we saw *Laserpitium gallicum* and *Lactuca perennis*.

Also seen on our two days in the area had been *Astragalus monspessulanus*, *Linum narbonense*, *Erysimum nevadense collisparsum*, *Primula vulgaris*, *Primula veris*, *Saponaria ocymoides*, *Anogramma leptophylla*, *Genista cinerea*, *Genista hispanica*, *Fourraea alpina*, *Veronica praecox*, and *Aphyllanthes monspeliensis*.

Dinner was in a different restaurant in the village, rather an exclusive place!

Day 7 Monday 14th April

Massif d'Esterel

Today we headed south west, back into Var, and the Esterel Massif, a red rhyolitic mountain.

Initially we headed to Grasse, drove through town, and took a minor road to Tanneron. At the first stop an odd mixture of alien acacias and eucalypts was a result of the hillsides here being given over to their propagation for the Grasse perfume industry. We saw *Lathyrus clymenum*, *Jasione montana*, *Misopates orontium*, and *Silene gallica quinquevulnera*. A selection of invertebrates included spiders and beetles.

At the next stop were *Symphytum tuberosum* and Moroccan Orange-tip. Camberwell Beauty settled right in front of us, and I whispered to Pauline and Chris to turn round very very slowly, the butterfly so close, I hope they got good photos.

The journey took us through fine woodland. A stop near a lake had *Serapias neglecta*, *Isoetes duriei*, and another Camberwell Beauty.

We reached the more or less continuously built up Var coast. We did however find a small stretch of native vegetation where the topography was just too rough to be built upon. Here survived many *Anthyllis barba-jovis*, and *Medicago arborea* was in flower. Both are impressive native leguminous shrubs.

Finding a road that led onto the southern slopes of L'Esterel we set out on foot. *Cotinus coggyria*, *Vincetoxicum hirundinaria*, *Dorycnium pentaphyllum*, and *Dorycnium hirsutum* were here, and the cistus were in fine flower. Bee-eaters had been calling and were later seen. Moroccan Orange-tip was on the wing.

The return journey was scenic and we made a few woodland stops.

Day 8 Tuesday 15th April Departure of Alpes Maritimes

We said farewell to the fine hotel. First I drove Gill and Otto to the airport, and there we said fond farewells at the kiss and fly.

Mary, Chris, and Pauline were coming with me to Corsica, and the four of us had all day to spend in the Maritime Alps, our flight to Ajaccio not being until the evening.

I drove the familiar route north to the Tinee Valley. The day had begun dull but now we were in sunshine. At a stop to get some fresh air and admire the scenery, were *Lepidium campestre*, *Cardaria draba*, and *Senecio cineraria*.

We took a side road, the flora with a strong Mediterranean influence. *Coriaria myrtifolia* was full of flowers. Scrub was formed by *Pistachia terebinthus*, *Juniperus phoenicea*, and *Juniperus oxycedrus*. *Lactuca perennis* was in flower, and we saw a pink flowered subspecies of *Helianthemum nummularium*. *Helichrysum stoechas*, *Globularia alypum*, *Teucrium montanum*, *Fumana procumbens*, *Fumana ericoides*, and *Linum narbonense* were all here, and *Cephalaria leucantha* was in bud.

Black-eyed Blue was a butterfly highlight and Berger's Clouded Yellow and Scarce Swallowtail were on the wing. Ascelaphids flew over the rocky terrain. A banded species of *Adela*, a longhorn moth, was seen and I pointed out the snail *Pomatias elegans*.

Buglossoides purpureocaerulea was in fine flower at woodland edge where Pearl-bordered Fritillary was flying.

I drove further up the valley, intending to buy panini from a boulangerie I often stop at. I was dismayed to find it closed, but the adjacent pizzeria provided a fine solution and I ordered two margheritas to take away, finding a quiet spot along a wooded road at which to eat them. A welcome change for lunch. Here was a very small Lady Orchid, *Polygala calcarea*, and Italian Maple.

Above us was the village perche of Bairols and I drove us up to this remarkably situated settlement.

Last was a detour into the Prealpes de Nice, *Pinus halepensis* a feature, but it was simply impossible to find anywhere suitable to stop and explore.

It was time to head for Nice Cote d'Azur, where we had plenty of time before the flight. Air Corsica took a long time to open the check in, but when they did they were friendly and efficient and did not mention at all my excess luggage!

In due course we arrived in Corse. I collected the mini-bus, drove us through the Ajaccio night, and to the hotel where we settled into the rooms, the waves breaking literally just outside our windows. I was even able to order dinner, the others having eaten earlier in Nice. There followed a great productive week on beautiful Corsica.

Provence 2025 Systematic Lists

Compiled by Paul Cardy

Itinerary

- Day 1. Tuesday 8th April.** Arrival Nice. To St.Roux
- Day 2. Wednesday 9th April.** Plaines des Maures, Collobrieres, Grimaud circuit
- Day 3. Thursday 10th April.** Ste.Baume, Mazauges, Plan d'Urs, Gemenos, Cuges-les-Pins, Escarets
- Day 4. Friday 11th April.** Domaine du Rayol, to Le Rouret
- Day 5. Saturday 12th April.** Prealpes de Grasse
- Day 6. Sunday 13th April.** Prealpes de Grasse, to Greolieres les Neiges
- Day 7. Monday 14th April.** L'Esterel
- Day 8. Tuesday 15th April.** Nice, La Tour, Bairols, Prealpes de Nice. Departure.

Systematic List Number 1 Plants

The systematic order and nomenclature follow 'Atlas-Catalogue de la Flore Vasculaire du Var' Naturalia Publications, the excellent Flora of Var Department. Among many other works used were 'Guide de la Flore des Alpes-Maritimes' by Lionel Carles and Ludovic Thébault, 2010, 'Mémento de la Flore Protégée des Alpes-Maritimes' by Salanon et al., 2010, and 'Flora Gallica, Flore de France' by Tison and de Foucault, Biotope 2014.

Ferns and Allies

<i>Selaginella denticulata</i>	Mediterranean Clubmoss	Maures and Esterel
<i>Isoetes duriei</i>	a quillwort	Maures and Esterel
<i>Equisetum arvense</i>	Common Horsetail	Scattered records
<i>Adiantum capillus-veneris</i>	Maidenhair Fern	Gorges de Loup
<i>Anogramma leptophylla</i>	Jersey Fern	Prealpes de Grasse
<i>Polypodium cambricum</i>	Southern Polypody	Maures, Ste.Baume, etc.
<i>Polypodium vulgare</i>	Common Polypody	Scattered records
<i>Pteridium aquilinum</i>	Bracken	Maures etc.
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Scattered records
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	Scattered records
<i>Asplenium fontanum</i>	a spleenwort	Prealpes de Grasse
<i>Asplenium obovatum</i>	a spleenwort	Scattered records
<i>Asplenium onopteris</i>	a spleenwort	Scattered records
<i>Asplenium ruta-muraria</i>	Wall-rue	Ste.Baume
<i>Asplenium ceterach</i>	Rusty-back Fern	Prealpes de Grasse
<i>Polystichum setiferum</i>	Soft Shield Fern	Scattered records
<i>Dryopteris affinis</i>	Scaly Male Fern	Esterel

Gymnospermae

Pinaceae

<i>Pinus pinaster</i> ssp. <i>hamiltonii</i>	Maritime Pine	Maures, Esterel, Alpes Maritimes
<i>Pinus pinea</i>	Stone Pine	Widespread and often dominant
<i>Pinus sylvestris</i>	Scot's Pine	Ste.Baume and Prealpes de Grasse
<i>Pinus halepensis</i>	Aleppo Pine	Numerous Ste.Baume, also Nice collines

Cupressaceae

<i>Juniperus communis</i> ssp. <i>communis</i>		Juniper Ste.Baume and Alpes Maritimes
<i>Juniperus oxycedrus</i>	Prickly Juniper	Maures, Ste.Baume, Tinee Valley
<i>Juniperus phoenicea</i>	Phoenician Juniper	Ste.Baume and Tinee Valley

Angiospermae

Dicotyledons

Lauraceae

<i>Laurus nobilis</i>	Laurel	Gourdon
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Ranunculaceae

<i>Helleborus foetidus</i>	Stinking Hellebore	Ste.Baume and Prealpes de Grasse
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<i>Anemone hortensis</i>	an anemone	Numerous Plaines des Maures
<i>Hepatica nobilis</i>	Hepatica	Locally abundant, Ste.Baume and Prealpes de Grasse
<i>Clematis vitalba</i>	Traveller's Joy	Maures
<i>Clematis flammula</i>	Fragrant Clematis	Maures
<i>Ranunculus acris</i>	Meadow Buttercup	Scattered records
<i>Ranunculus bulbosus</i>	Bulbous Buttercup	Scattered records
<i>Ranunculus sardous</i>	Hairy Buttercup	
<i>Ranunculus muricatus</i>	a buttercup	Maures
<i>Ranunculus ophioglossifolius</i>	Adder's-tongued Spearwort	Maures
<i>Ranunculus revelieri</i>	a buttercup	Maures
<i>Ranunculus paludosus</i>	Jersey Buttercup	Maures etc.
<i>Ranunculus gramineus</i>	Grass-leaved Buttercup	Prealpes de Grasse
<i>Ranunculus ficaria</i>	Lesser Celandine	Maures etc.
<i>Ranunculus peltatus</i>	Pond Water-crowfoot	Maures
<i>Ranunculus trichophyllus</i>	Thread-leaved Water-crowfoot	Maures

Platanaceae

Platanus xhispanica

Paeoniaceae

Paeonia officinalis huthii

In bud Prealpes de Grasse

Coriariaceae

Coriaria myrtifolia

Mediterranean Coriaria Lower Tinee valley, where numerous

Papaveraceae

Papaver rhoeas

Corn Poppy

Maures etc.

Chelidonium majus

Greater Celandine

Maures

Fumariaceae

Corydalis solida

Prealpes de Grasse

Fumaria capreolata

Ramping Fumitory

Maures etc.

Fumaria officinalis

Common Fumitory

Maures

Fumaria bastardii

Fumaria parviflora

a fumitory

Ulmaceae

Ulmus minor

Small-leaved Elm

Celtis australis

Nettle Tree

Cannabaceae

Humulus lupulus

Hop

Moraceae

Ficus carica

Fig

Santalaceae

Osyris alba Osyris Maures

Loranthaceae

Viscum album ssp.*album* Mistletoe On poplar, Prealpes de Grasse

Viscum album ssp.*austriacum* Mistletoe On pines, Prealpes de Grasse

Urticaceae

Urtica dioica Common Nettle

Parietairia judaica Pellitory-of-the-Wall Prealpes de Grasse

Aristolochiaceae

Aristolochia rotunda a birthwort Maures, locally common

Aristolochia pallida a birthwort Prealpes de Grasse

Juglandaceae

Juglans regia Walnut

Fagaceae

Fagus sylvatica Beech

Castanea sativa Sweet Chestnut

Quercus ilex Holm Oak Widespread and locally dominant

Quercus coccifera Holly Oak Ste.Baume

Quercus suber Cork Oak Widespread and locally dominant

Quercus pubescens Downy Oak Widespread and locally dominant

Betulaceae

Betula pendula Silver Birch

Alnus glutinosa Alder

Carpinus betulus Hornbeam

Ostrya carpinifolia Hop Hornbeam

Corylus avellana Hazel

Aizoaceae

Carpobrotus edulis Hottentot Fig Var coast

Cactaceae

Opuntia stricta This species Maures?

Caryophyllaceae

Arenaria serpyllifolia Thyme-leaved Sandwort Prealpes de Grasse

Stellaria media Chickweed Scattered records

Stellaria holostea Greater Stitchwort L'Esterel

Cerastium pumilum a mouse-ear Maures

Cerastium glomeratum Sticky Mouse-ear Maures

Moenchia erecta Upright Chickweed Maures

<i>Polycarpon tetraphyllum</i>	Four-leaved Allseed	
<i>Sagina subulata</i>	a pearlwort	Maures
<i>Spergularia segetalis</i>	a spurrey	Maures
<i>Silene italica</i>	Italian Catchfly	Scattered records
<i>Silene vulgaris</i>	Bladder Campion	Scattered records
<i>Silene gallica</i>	Small-flowered Catchfly	Locally numerous at Maures, with many of the form <i>quinquevulnera</i>
<i>Silene latifolia</i> ssp. <i>alba</i>	White Campion	
<i>Kohlrauschia velutina</i>	Kohlrauschia	
<i>Saponaria ocymoides</i>	Rock Soapwort	Maures and Prealpes de Grasse
<i>Petrorhagia prolifera</i>	Proliferous Pink	Maures
<i>Dianthus godronianus</i>	Wood Pink	Maures, last years fruits
<i>Polygonaceae</i>		
<i>Rumex acetosella</i>	Sheep's Sorrel	Maures
<i>Rumex bucephalophorus</i> ssp. <i>gallicus</i>		
<i>Rumex scutatus</i>	French Sorrel	Prealpes de Grasse
<i>Rumex crispus</i>	Curled Dock	
<i>Rumex pulcher</i>	Fiddle Dock	
<i>Hypericaceae</i>		
<i>Hypericum perforatum</i>	Perforate St. John's-wort	In leaf
<i>Tiliaceae</i>		
<i>Tilia platyphyllos</i>	Large-leaved Lime	
<i>Tilia cordata</i>	Small-leaved Lime	
<i>Malvaceae</i>		
<i>Lavatera arborea</i>	Tree Mallow	
<i>Lavatera olbia</i>		
<i>Malva sylvestris</i>	Common Mallow	
<i>Malva nicaeensis</i>		Alpes Maritimes
<i>Malva neglecta</i>	Dwarf Mallow	
<i>Cistaceae</i>		
<i>Cistus albidus</i>		Widespread and common in flower
<i>Cistus salvifolius</i>	Sage-leaved Cistus	Widespread in flower
<i>Cistus monspeliensis</i>	Narrow-leaved Cistus	Widespread in flower
<i>Helianthemum nummularium</i>	Common Rock-rose	Scattered records, various subspecies present. Pink flowered at La Tour sur Tinee and Bairols.
<i>Helianthemum apenninum</i>	White Rock-rose	Prealpes de Grasse
<i>Helianthemum oelandicum</i>	a rock-rose	Prealpes de Grasse and Ste. Baume
<i>Tuberaria guttata</i>	Spotted Rockrose	Locally numerous, e.g. Maures
<i>Tuberaria lignosa</i>		Maures
<i>Fumana procumbens</i>	Heath-rose	La Tour sur Tinee
<i>Fumana ericoides</i>		La Tour sur Tinee

Violaceae

<i>Viola hirta</i>	Hairy Violet	
<i>Viola reichenbachiana</i>	Early Dog Violet	Maures
<i>Viola alba</i>		
<i>Viola arvensis</i>	Field Pansy	Maures
<i>Viola kitaibeliana</i>	Dwarf Pansy	Prealpes de Grasse

Cucurbitaceae

<i>Bryonia dioica</i>	White Bryony	
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Salicaceae

<i>Salix alba</i>	White Willow	
<i>Salix cinerea</i>	Grey Willow	
<i>Populus alba</i>	White Poplar	
<i>Populus nigra</i>	Black Poplar	

Brassicaceae

<i>Sisymbrium officinale</i>	Hedge Mustard	Scattered records
<i>Alliaria petiolata</i>	Garlic Mustard	Maures
<i>Arabidopsis thaliana</i>	Thale Cress	
<i>Isatis tinctoria</i>	Woad	Nice roadsides
<i>Bunias erucago</i>	Maures	Maures
<i>Erysimum nevadense</i>	a treacle-mustard	Prealpes de Grasse
<i>ssp.collisparsum</i>		
<i>Barbarea verna</i>	a winter-cress	Maures
<i>Barbarea vulgaris</i>	Common Wintercress	
<i>Cardamine hirsuta</i>	Hairy Bittercress	Scattered records
<i>Arabis hirsuta</i>	Hairy Rockcress	
<i>Arabis turrata</i>	Tower Cress	Prealpes de Grasse
<i>Arabis verna</i>	Spring Rockcress	Ste.Baume
<i>Fourraea alpina</i>		Prealpes de Grasse
<i>Lunaria annua</i>	Honesty	Maures
<i>Alyssum alyssoides</i>	Small Alison	
<i>Alyssum simplex</i>		
<i>Lobularia maritima</i>	Sweet Alison	Domaine du Rayol etc.
<i>Clypeola jonthlaspi</i>	Clypeola	Maures
<i>Erophila verna</i>	Whitlow Grass	Scattered records
<i>Capsella bursa-pastoris</i>	Shepherd's-Purse	Scattered records
<i>Hornungia petraea</i>	Hutchinsia	
<i>Tessdalia coronopifolia</i>	a shepherd's cress	Maures and Prealpes de Grasse
<i>Iberis saxatilis</i>	Rock Candytuft	Ste.Baume and Prealpes de Grasse
<i>Iberis linifolia</i>	a candytuft	Prealpes de Grasse
<i>Aethionema saxatile</i>	Burnt Candytuft	Ste.Baume and Prealpes de Grasse
<i>Biscutella laevigata</i>	Buckler Mustard	Scattered records
<i>Biscutella cichoriifolia</i>	a buckler mustard	Maures
<i>Lepidium campestre</i>	Field Pepperwort	Prealpes de Nice
<i>Cardaria draba</i>	Hoary Cress	Roadsides

<i>Diplotaxis eruroides</i>	White Wall Rocket	Locally common Ste.Baume
<i>Brassica oleracea</i> ssp. <i>robertiana</i>		Prealpes de Grasse?
<i>Eruca sativa</i>	Eruca	Widespread
<i>Hirschfeldia incana</i>	Hoary Mustard	Widespread
<i>Calepina irregularis</i>	White Ball Mustard	Maures
<i>Raphanus raphanistrum</i>	Wild Radish	Maures
Resedaceae		
<i>Reseda phyteuma</i>	Corn Mignonette	Maures
Ericaceae		
<i>Erica arborea</i>	Tree Heath	Maures etc.
<i>Erica scoparia</i>		Maures etc.
<i>Arbutus unedo</i>	Strawberry Tree	Maures etc.
<i>Calluna vulgaris</i>	Ling	Maures etc.
Primulaceae		
<i>Primula vulgaris</i>	Primrose	Prealpes de Grasse
<i>Primula veris</i>	Cowslip	Maures and Prealpes de Grasse
<i>Primula marginata</i>	Marginate Primrose	In fine flower Prealpes de Grasse
<i>Anagallis arvensis</i>	Scarlet Pimpernel	Maures, Rayol
<i>Asterolinon linum-stellatum</i>		Maures
Crassulaceae		
<i>Crassula tillaea</i>		Maures, locally common
<i>Crassula vaillantii</i>		
<i>Sempervivum calcareum</i>		Fine rosettes Prealpes de Grasse
<i>Sedum sediforme</i>	a stonecrop	In leaf
<i>Sedum ochroleucum</i>	Creamish Stonecrop	In leaf
<i>Sedum acre</i>	Biting Stonecrop	In leaf
<i>Sedum album</i>	White Stonecrop	In leaf
<i>Sedum caespitosum</i>		In leaf
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	In leaf
<i>Umbilicus rupestris</i>	Navelwort	Maures etc.
Saxifragaceae		
<i>Saxifraga fragosoi</i>		In fine flower Ste.Baume
<i>Saxifraga granulata</i>	Meadow Saxifrage	Locally common, Maures and Ste.Baume
<i>Saxifraga tridactylites</i>	Rue-leaved Saxifrage	Ste.Baume
<i>Ribes uva-crispa</i>	Gooseberry	Greolieres les Neiges
<i>Ribes alpinum</i>	Mountain Currant	
Rosaceae		
<i>Rubus ulmifolius</i>	brambles	
<i>Rubus canescens</i>		L'Esterel
<i>Rosa canina</i>	Dog Rose	
<i>Rosa corymbifera</i>		Prealpes de Grasse

<i>Poterium sanguisorba</i>		Ste.Baume
<i>Poterium verrucosum</i>		Prealpes de Grasse
<i>Geum sylvaticum</i>		Greolieres les Neiges (<i>P.cinerea</i>)
<i>Potentilla neumanniana</i>		Alpes Maritimes
<i>Potentilla velutina</i>		Scattered
<i>Potentilla reptans</i>	Creeping Cinquefoil	
<i>Fragaria vesca</i>	Wild Strawberry	
<i>Malus sylvestris</i>	Wild Apple	
<i>Pyrus amygdaliformis</i>	Almond-leaved Pear	Maures etc.
<i>Sorbus aucuparia</i>	Rowan	
<i>Sorbus aria</i>	Whitebeam	
<i>Sorbus domestica</i>	Service Tree	L'Esterel
<i>Amelanchier ovalis</i>	Snowy Mespilus	Prealpes de Grasse
<i>Crataegus monogyna</i>	Hawthorn	Scattered records
<i>Prunus spinosa</i>	Blackthorn	Maures etc.
<i>Prunus avium</i>	Wild Cherry	Widespread
<i>Prunus mahaleb</i>	St.Lucie's Cherry	

Fabaceae

<i>Acacia dealbata</i>		Rayol
<i>Cercis siliquastrum</i>	Judas Tree	Maures etc.
<i>Calicotome spinosa</i>		Prealpes de Grasse
<i>Cytisophyllum sessilifolium</i>	a broom	Prealpes de Grasse
<i>Cytisus villosus</i>	a broom	Locally numerous, e.g. Maures
<i>Genista tinctoria</i>	Dyer's Greenwood	Maures
<i>Genista cinerea</i>	Ash-coloured Broom	Alpes Maritimes
<i>Genista pulchella</i>	a broom	Prealpes de Grasse, not in flower
<i>Genista pilosa</i>	Hairy Greenweed	Maures etc.
<i>Genista lobelii</i>		Ste.Baume, not in flower
<i>Genista hispanica</i>	Spanish Gorse	Prealpes de Grasse, and L'Esterel
<i>Spartium junceum</i>	Spanish Broom	Maures etc.
<i>Robinia pseudacacia</i>	False Acacia	Locally commonly naturalised
<i>Argyrolobium zanonii</i>		In leaf
<i>Lupinus angustifolius</i>	Narrow-leaved Lupin	Maures and Rayol
<i>Astragalus incanus</i>	a milk-vetch	Ste.Baume
<i>Astragalus monspessulanus</i>	False Vetch	In flower Prealpes de Grasse
<i>Bituminaria bituminosa</i>	Pitch Trefoil	Maures and Alpes Maritimes
<i>Vicia sativa</i>	Common Vetch	Scattered records
<i>Vicia lathyroides</i>	Spring Vetch	
<i>Vicia bithynica</i>	Bithynian Vetch	Rayol
<i>Vicia disperma</i>	a vetch	Rayol
<i>Vicia hybrida</i>	Hairy Yellow Vetchling	Alpes Maritimes
<i>Lathyrus angulatus</i>		Maures
<i>Lathyrus cicera</i>		
<i>Lathyrus niger</i>	Black Pea	Maures
<i>Lathyrus clymenum</i>		Maures and Rayol
<i>Lathyrus setifolius</i>		

<i>Melilotus</i> spp.	melilot species	
<i>Medicago arabica</i>	Spotted Medick	
<i>Medicago arborea</i>	Tree Medick	Var coast
<i>Medicago lupulina</i>	Black Medick	Scattered
<i>Medicago minima</i>	Bur Medick	
<i>Medicago polymorpha</i>	Toothed Medick	
<i>Trifolium repens</i>	White Clover	Widespread
<i>Trifolium campestre</i>	Hop Trefoil	Maures
<i>Trifolium dubium</i>	Lesser Trefoil	Maures
<i>Trifolium strictum</i>		Maures
<i>Trifolium subterraneum</i>	Subterranean Clover	
<i>Trifolium glomeratum</i>	Clustered Clover	
<i>Trifolium pratense</i>	Red Clover	
<i>Dorycnium hirsutum</i>	Dorycnium	L'Esterel
<i>Dorycnium pentaphyllum</i>	a canary clover	L'Esterel and Alpes Maritimes
<i>Lotus corniculatus</i>	Bird's-foot Trefoil	
<i>Lotus angustissimus</i>		
<i>Anthyllis barba-jovis</i>		Very local on the coast in fine flower, Rayol, St.Aygulf, Var coast
<i>Anthyllis montana</i>	Mountain Kidney Vetch	Alpes Maritimes
<i>Anthyllis vulneraria</i>	Kidney Vetch	Widespread, several subspecies present
<i>Coronilla minima</i>		Prealpes de Grasse
<i>Coronilla scorpioides</i>	Annual Scorpion Vetch	
<i>Hippocrepis emerus</i>	Scorpion Senna	
<i>Lythraceae</i>		
<i>Lythrum salicaria</i>	Purple Loosestrife	Roadsides at lower altitudes, La Mandria
<i>Thymeleaceae</i>		
<i>Daphne gnidium</i>		Maures etc., in leaf
<i>Daphne laureola</i>	Spurge Laurel	
<i>Myrtaceae</i>		
<i>Myrtus communis</i>	Myrtle	Maures
<i>Onagraceae</i>		
<i>Ludwigia palustris</i>		In leaf Maures
<i>Cornaceae</i>		
<i>Cornus sanguinea</i>	Dogwood	
<i>Cornus mas</i>	Cornelian Cherry	In flower
<i>Loranthaceae</i>		
<i>Viscum album</i> ssp. <i>austriacum</i>	Mistletoe	Parasitic on <i>Pinus</i> , e.g. Valdebllore

Celastraceae

Euonymus europaeus Spindle
Euonymus latifolius Broad-leaved Spindle

Buxaceae

Buxus sempervirens Box Prealpes de Grasse

Euphorbiaceae

Mercurialis perennis Dog's Mercury Scattered records
Euphorbia dulcis incompta Sweet Spurge Maures etc.
Euphorbia exigua Dwarf Spurge
Euphorbia peplus Petty Spurge Scattered records
Euphorbia serrata Ste.Baume
Euphorbia nicaeensis Prealpes de Nice
Euphorbia flavicoma Ste.Baume
Euphorbia amygdaloides Wood Spurge Maures etc.
Euphorbia helioscopia Sun Spurge Widespread
Euphorbia segetalis Scattered records
Euphorbia seguieriana Maures
Euphorbia spinosa Spiny Spurge Widespread
Euphorbia characias Large Mediterranean Spurge Widespread and common

Rhamnaceae

Paliurus spina-christi Christ's Thorn
Rhamnus alaternus Mediterranean Buckthorn Maures, Alpes Maritimes

Rutaceae

Ruta angustifolia Maures 2024

Simaroubaceae

Ailanthus altissimus Tree of Heaven

Linaceae

Linum narbonense Narbonne Flax Alpes Maritimes
Linum bienne Pale Flax Maures etc.

Polygalaceae

Polygala chamaebuxus Shrubby Milkwort Prealpes de Grasse
Polygala nicaeensis Nice Milkwort
Polygala vulgaris Common Milkwort Scattered records
Polygala calcarea Chalk Milkwort Bairols

Hippocastanaceae

Aesculus hippocastanum Horse Chestnut

Aceraceae

<i>Acer platanoides</i>	Norway Maple	
<i>Acer campestre</i>	Field Maple	
<i>Acer monspessulanum</i>	Montpellier Maple	
<i>Acer pseudoplatanus</i>	Sycamore	
<i>Acer opalus</i>	Italian Maple	Bairols

Anacardiaceae

<i>Cotinus coggyria</i>	Smoke Tree	Esterel, Alpes Maritimes
<i>Pistachia lentiscus</i>	Mastic	Maures
<i>Pistachia terebinthus</i>	Terebinth	La Tour sur Tinee

Oxalidaceae

<i>Oxalis articulata</i>		
<i>Oxalis pes-caprae</i>	Bermuda Buttercup	Nice

Geraniaceae

<i>Geranium sanguineum</i>	Bloody Cranesbill	L'Esterel
<i>Geranium pyrenaicum</i>	Hedgerow Cranesbill	Prealpes de Grasse
<i>Geranium rotundifolium</i>	Round-leaved Cranesbill	Maures
<i>Geranium molle</i>	Dove's-foot Cranesbill	
<i>Geranium columbinum</i>	Long-stalked Cranesbill	La Tour sur Tinee
<i>Geranium dissectum</i>	Cut-leaved Cranesbill	Maures etc.
<i>Geranium robertianum</i>	Herb Robert	
<i>Erodium cicutarium</i>	Common Stork's-bill	Maures etc.
<i>Erodium acaule</i>	Stemless Stork's-bill	Maures
<i>Erodium moschatum</i>	Musk Stork's-bill	Maures
<i>Erodium botrys</i>		Maures
<i>Erodium malacoides</i>	Mallow-leaved Stork's-bill	Nice area
<i>Erodium rodiei</i>		Prealpes de Grasse, all in leaf

Araliaceae

<i>Hedera helix</i>	Ivy	
<i>Hedera algeriensis</i>		Rayol

Apiaceae

<i>Anthriscus sylvestris</i>	Cow Parsley	
<i>Scandix pecten-veneris</i>	Shepherd's Needle	Maures
<i>Cervaria rivini</i>		In <i>Quercus pubescens</i> woodland
<i>Thlaspi villosa</i>		Maures
<i>Bupleurum fruticosum</i>	Shrubby Hare's-ear	Ste.Baume lunch site
<i>Smyrniolus olusatrum</i>	Alexanders	
<i>Laserpitium siler</i>	a sermountain	In leaf
<i>Laserpitium gallicum</i>		In leaf Gorges de Loup
<i>Daucus carota</i>	Wild Carrot	
<i>Ferula communis</i>	Giant Fennel	Ste.Baume, Prealpes de Grasse

Apocynaceae

<i>Vinca major</i>	Greater Periwinkle	Maures
<i>Vinca difformis</i>	Lesser Periwinkle	Numerous at Rayol

Gentianaceae

<i>Centaureum erythraea</i>	Common Centaury	Maures, in leaf
<i>Blackstonia perfoliata</i>	Yellow-wort	Maures, in leaf
<i>Cicendia filiformis</i>	Yellow Centaury	Maures

Asclepiadaceae

<i>Vincetoxicum hirundinaria</i>	Swallowwort	In flower L'Esterel
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Solanaceae

<i>Solanum nigrum</i>	Black Nightshade	
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Convolvulaceae

<i>Cuscuta epithymum</i>	Dodder	Prealpes de Grasse
<i>Convolvulus arvensis</i>	Field Bindweed	
<i>Convolvulus althaeoides</i>	Mallow-leaved Bindweed	Prealpes de Grasse

Boraginaceae

<i>Buglossoides purpureocaerulea</i>		Purple Gromwell	Fine below La Tour sur
Tinee			
<i>Cerithe major</i>	Honeywort	Valbonne roadside	
<i>Borago officinalis</i>	Borage		
<i>Echium italicum</i>		Over, Maures	
<i>Echium vulgare</i>	Viper's Bugloss	Widespread	
<i>Echium plantagineum</i>	Purple Viper's Bugloss	Scattered records	
<i>Echium creticum</i>		Maures, locally common	
<i>Myosotis arvensis</i>	Field Forget-me-not	Scattered records	
<i>Myosotis ramosissima</i>	Early Forget-me-not		
<i>Myosotis dubia</i>		Maures	
<i>Symphytum tuberosum</i>	Tuberous Comfrey	Prealpes de Grasse	
<i>Cynoglossum officinale</i>	Hound's-tongue		

Verbenaceae

<i>Verbena officinalis</i>	Vervain	A few records
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Lamiaceae

<i>Teucrium fruticans</i>	Shrubby Germander	Rayol
<i>Teucrium montanum</i>	Mountain Germander	La Tour sur Tinee
<i>Lamium amplexicaule</i>	Henbit Deadnettle	
<i>Lamium purpureum</i>	Red Deadnettle	
<i>Lamium maculatum</i>	Spotted Dead-nettle	Maures

<i>Stachys arvensis</i>	Field Woundwort	Maures
<i>Thymus vulgaris</i>	Common Thyme	Widespread and numerous
<i>Thymus pulegioides</i>	Larger Wild Thyme	
<i>Mentha pulegium</i>	Pennyroyal	
<i>Mentha aquatica</i>	Water Mint	
<i>Mentha longifolia</i>	Horse Mint	
<i>Lavandula stoechas</i>	French Lavender	Maures etc.
<i>Rosmarinus officinalis</i>	Rosemary	Prealpes de Grasse
<i>Salvia verbenaca</i>	Wild Clary	Maures
<i>Salvia pratensis</i>	Meadow Clary	

Callitrichaceae

<i>Callitriche brutia</i>		Probably this species Maures
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Plantaginaceae

<i>Plantago major</i>	Greater Plantain	
<i>Plantago lanceolata</i>	Ribwort Plantain	Scattered records
<i>Plantago lagopus</i>	Round-headed Plantain	
<i>Plantago afra</i>		Maures
<i>Plantago bellardii</i>		Maures
<i>Plantago coronopus</i>	Buck's-horn Plantain	Maures
<i>Plantago weldenii</i>		Coast

Buddlejaceae

<i>Buddleja davidii</i>	Buddleia	Naturalised in Alpes Maritimes
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Oleaceae

<i>Olea europaea</i>	Olive	Maures etc.
<i>Phillyrea angustifolia</i>		Maures
<i>Phillyrea latifolia</i>		
<i>Fraxinus angustifolia</i>	Narrow-leaved Ash	Ste.Baume
<i>Ligustrum vulgare</i>	Privet	

Scrophulariaceae

<i>Verbascum boerhavii</i>		
<i>Verbascum sinuatum</i>		in leaf Ste.Baume
<i>Verbascum chaixii</i>	Nettle-leaved Mullein	
<i>Verbascum</i> spp.	Mullein species	Others seen from the vehicle at various locations
<i>Antirrhinum majus latifolium</i>	Snapdragon	Roadsides west of Nice
<i>Linaria pelisseriana</i>	Jersey Toadflax	Maures 2024
<i>Misopates orontium</i>	Weasel's Snout	Maures
<i>Veronica beccabunga</i>	Brooklime	Maures
<i>Veronica cymbalaria</i>	White Speedwell	Maures
<i>Veronica praecox</i>	Breckland Speedwell	Prealpes de Grasse
<i>Veronica persica</i>	Common Field-speedwell	Maures

<i>Parentucellia latifolia</i>		Maures
Globulariaceae		
<i>Globularia alypum</i>	Globe-daisy	La Tour sur Tinee
<i>Globularia bisnagarica</i>		Prealpes de Grasse in flower
<i>Globularia cordifolia</i>	Heart-leaved Globularia	Prealpes de Grasse
<i>Globularia repens</i>	a globularia	In leaf Prealpes de Grasse
Orobanchaceae		
<i>Phelipanche nana</i>		Rayol, including a white form
Campanulaceae		
<i>Campanula rapunculus</i>	Rampion Bellflower	Maures
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Maures
<i>Campanula rotundifolia</i>	Harebell	Prealpes de Grasse
Rubiaceae		
<i>Galium mollugo</i>	Hedge Bedstraw	
<i>Galium aparine</i>	Cleavers	
<i>Galium parisiense</i>		Maures
<i>Cruciata laevipes</i>	Crosswort	
<i>Sherardia arvensis</i>	Sherardia	Maures etc.
<i>Rubia peregrina</i>	Wild Madder	Maures etc.
Caprifoliaceae		
<i>Sambucus nigra</i>	Elder	Scattered
<i>Lonicera implexa</i>		Maures
<i>Lonicera xylosteum</i>	Fly Honeysuckle	
<i>Viburnum tinus</i>	Laurustinus	Ste.Baume
Valerianaceae		
<i>Valerianella microcarpa</i>		Maures
<i>Valeriana tuberosa</i>	Mountain Spikenard	Prealpes de Grasse
<i>Centranthus ruber</i>	Red Valerian	
Dipsacaceae		
<i>Cephalaria leucantha</i>	a cephalaria	La Tour sur Tinee, in bud
<i>Knautia integrifolia</i>	a scabious	Scattered
<i>Knautia collina</i>		
Asteraceae		
<i>Bellis annua</i>	Annual Daisy	Maures, locally very common
<i>Bellis perennis</i>	Daisy	
<i>Erigeron karvinskianus</i>	Mexican Fleabane	Roadside near Le Rouret
<i>Chamaemelum fuscatum</i>		Maures
<i>Helichrysum stoechas</i>	Shrubby Everlasting	La Tour sur Tinee etc.
<i>Helichrysum italicum</i>		Var coast

<i>Filago minima</i>	Small Cudweed	Maures
<i>Phagnalon saxatile</i>		Maures
<i>Senecio cineraria</i>	Silver Ragwort	Prealpes de Grasse and Alpes Maritimes (<i>Jacobaea maritima</i>)
<i>Senecio lividus</i>		Maures etc.
<i>Senecio vulgaris</i>	Groundsel	Maures etc.
<i>Senecio inaequidens</i>		Naturalised on Nice roadsides
<i>Coleostephus myconis</i>		Maures
<i>Chrysanthemum segetum</i>	Corn Marigold	
<i>Calendula arvensis</i>	Field Marigold	Maures
<i>Galactites tomentosus</i>		Maures etc.
<i>Carduus litigiosus</i>		
<i>Centaurea paniculata</i> ssp. <i>leucophaea</i>		Prealpes de Grasse
<i>Cichorium intybus</i>	Chicory	
<i>Hyoseris radiata</i>	Hyoseris	
<i>Hypochoeris achyrophorus</i>		
<i>Hypochoeris glabra</i>	Smooth Cat's-ear	
<i>Hypochaeris radicata</i>	Cat's-ear	
<i>Hedypnois rhagadioloides</i>		
<i>Lactuca perennis</i>	Perennial Lettuce	Alpes Maritimes, Gorges de Loup
<i>Lactuca serriola</i>	Prickly Lettuce	
<i>Sonchus asper</i>	Prickly Sow-thistle	
<i>Sonchus oleraceus</i>	Smooth Sow-thistle	
<i>Sonchus bulbosus</i>		
<i>Taraxacum</i> spp.		
<i>Lapsana communis</i>	Nipplewort	
<i>Urospermum dalechampii</i>		Maures etc.
<i>Tragopogon pratensis orientalis</i>		
<i>Tragopogon angustifolius</i>		Maures
<i>Tragopogon porrifolius</i>	Salsify	
<i>Crepis vesicaria</i>	Beaked Hawk's-beard	
<i>Crepis foetida</i>		
<i>Crepis sancta</i>		
<i>Hieracium murorum</i>	Wall Hawkweed	
<i>Pilosella officinarum</i>	Mouse-ear Hawkweed	

Monocotyledons

Posidoniaceae

Posidonia oceanica Rayol, Esterel coast

Juncaceae

<i>Juncus acutus</i>	Sharp Rush	Coast
<i>Juncus inflexus</i>	Hard Rush	
<i>Juncus effusus</i>	Soft Rush	Maures
<i>Juncus pygmaeus</i>	Pygmy Rush	Maures
<i>Juncus capitatus</i>	Dwarf Rush	Maures

<i>Juncus bufonius</i>	Toad Rush	
<i>Luzula forsteri</i>	Southern Wood-rush	
Cyperaceae		
<i>Isolepis cernua</i>	Slender Club-rush	Maures
<i>Isolepis setacea</i>	Bristle Club-rush	Maures
<i>Carex flacca</i>	Glaucous Sedge	Widespread
<i>Carex halleriana</i>		Scattered records
<i>Carex caryophylla</i>	Spring Sedge	
<i>Carex olbiensis</i>		
<i>Carex distachya</i>		
<i>Carex divisa</i>	Divided Sedge	Maures
<i>Carex remota</i>	Remote Sedge	

Poaceae

<i>Aira caryophylla</i>	Silver Hair-grass	
<i>Aira cupaniana</i>		
<i>Aira elegantissima</i>		
<i>Aira tenorei</i>		
<i>Aira provincialis</i>		
<i>Aiopsis tenella</i>		Maures
<i>Festuca</i> spp.	fescues	
<i>Vulpia</i> spp.		8 species occur in Var
<i>Lolium perenne</i>	Perennial Rye-grass	
<i>Poa annua</i>	Annual Meadow-grass	
<i>Poa bulbosa</i>	Bulbous Meadow-grass	
<i>Poa trivialis</i>	Rough Meadow-grass	
<i>Poa pratensis</i>	Smooth Meadow-grass	
<i>Dactylis glomerata</i>	Cock's-foot	
<i>Sesleria caerulea</i>	Blue Moor-grass	In flower Prealpes de Grasse
<i>Melica minuta</i>		
<i>Melica uniflora</i>	Wood Melick	
<i>Melica ciliata</i>	Ciliated Melick	
<i>Bromus hordeaceus</i>	Soft Brome	
<i>Bromus diandrus</i>	Great Brome	
<i>Bromus sterilis</i>	Barren Brome	
<i>Bromus madritensis</i>	Compact Brome	
<i>Bromus rubens</i>		
<i>Bromus tectorum</i>	Drooping Brome	
<i>Bromus erectus</i>	Upright Brome	
<i>Brachypodium sylvaticum</i>	False Brome	
<i>Brachypodium rupestre</i>	a tor-grass	
<i>Hordeum murinum</i>	Wall Barley	
<i>Avena sativa ssp.sterilis</i>	Winter Wild-oat	
<i>Avena barbata</i>	Slender Oat	
<i>Arrhenatherum elatius</i>	False Oat-grass	
<i>Anthoxanthum odoratum</i>	Sweet Vernal Grass	

<i>Rostraria cristata</i>	Mediterranean Hair-grass	
<i>Holcus lanatus</i>	Yorkshire Fog	
<i>Agrostis stolonifera</i>	Creeping Bent	
<i>Phleum pratense</i>	Timothy	
<i>Piptatherum mileaceum</i>		
<i>Arundo donax</i>	Giant Reed	
<i>Arundo plinii</i>		Alpes Maritimes roadsides west of Nice
<i>Cynodon dactylon</i>	Bermuda-grass	
<i>Setaria viridis</i>	Green Bristle-grass	
<i>Sorghum halepense</i>	Johnson-grass	
<i>Hyparrhenia hirta</i>		
<i>Phragmites australis</i>	Common Reed	

Liliaceae

<i>Gagea reverchonii</i>		Prealpes de Grasse
<i>Gagea pratensis</i>		Prealpes de Grasse
<i>Aphyllanthes monspeliensis</i>		Alpes Maritimes
<i>Anthericum liliago</i>	St. Bernard's Lily	Maures etc.
<i>Asphodelus cerasiferus</i>		Ste. Baume
<i>Asphodelus microcarpus</i>		Scattered records. (<i>A. ramosus</i>)
<i>Asphodelus macrocarpus</i>		Maures, very local
<i>Asphodelus fistulosus</i>	Hollow-stemmed Asphodel	Roadsides
<i>Ornithogalum angustifolium</i>	a star-of-bethlehem	Maures
<i>Ornithogalum umbellatum</i>	Star of Bethlehem	A57 Aire
<i>Fritillaria involucrata</i>		In fine flower Prealpes de Grasse
<i>Hyacinthoides italica</i>	Italian Bluebell	Locally common Prealpes de Grasse
<i>Muscari neglectum</i>	Grape Hyacinth	Maures, numerous Ste. Baume
<i>Muscari comosum</i>	Tassel Hyacinth	Maures
<i>Tulipa sylvestris australis</i>		Maures, locally very common at Lac des Escarcets
<i>Allium triquetrum</i>	Three-cornered Leek	Maures
<i>Allium neapolitanum</i>	Neapolitan Garlic	Ste. Baume lunch site
<i>Ruscus aculeatus</i>	Butcher's Broom	Maures and Ste. Baume
<i>Smilax aspera</i>		Widespread
<i>Asparagus acutifolius</i>	Sharp-leaved Asparagus	Maures

Amaryllidaceae

<i>Narcissus pseudonarcissus</i> ssp. <i>provincialis</i>		Prealpes de Grasse
<i>Narcissus poeticus</i>	Pheasant's-eye Narcissus	A few Maures, and Ste. Baume

Iridaceae

<i>Crocus versicolor</i>		In flower Prealpes de Grasse
<i>Gladiolus dubius</i>		Grasse lower roadsides
<i>Iris lutescens</i>		Very many in fine flower Maures, purple and yellow forms. Locally common Ste. Baume, mostly yellow flowered. Prealpes de Grasse.

<i>Iris germanica</i>	Bearded Iris	Naturalised Maures
Dioscoreaceae		
<i>Dioscorea communis</i>	Black Bryony	Maures
Arecacaceae		
<i>Chamaerops humilis</i>	Dwarf Fan Palm	Rayol
<i>Phoenix canariensis</i>	Canary Palm	Coast
Araceae		
<i>Arisarum vulgare</i>	Friar's Cowl	Maures
<i>Arum italicum</i>	Large Cuckoo Pint	Maures, in flower
Orchidaceae		
<i>Aceras anthropophorum</i>	Man Orchid	4+ Ste.Baume
<i>Barlia robertiana</i>	Giant Orchid	Widespread and numerous
<i>Cephalanthera longifolia</i>	Sword-leaved Helleborine	Maures, locally common
<i>Dactylorhiza sambucina</i>	Elder-flowered Orchid	Ste. Baume, yellow and pink flowered forms
<i>Limodorum abortivum</i>	Violet Limodore	1 at Rayol, 2 Lac des Escarcets
<i>Neotinea maculata</i>	Dense-flowered Orchid	c.6 Maures
<i>Orchis lactea</i>	Milky Orchid	Maures
<i>Orchis morio</i>	Green-winged Orchid	Prealpes de Grasse, including white flowered individuals
<i>Orchis provincialis</i>	Provence Orchid	c.8 Maures
<i>Orchis mascula</i>	Early Purple Orchid	Prealpes de Grasse
<i>Orchis purpurea</i>	Lady Orchid	A very small individual at Bairols
<i>Ophrys marmorata</i>		1 above Gourdon
<i>Ophrys fusca</i>		Numerous at one site Ste.Baume
<i>Ophrys aranifera massiliensis</i>		Prealpes de Grasse
<i>Ophrys provincialis</i>		Prealpes de Grasse
<i>Ophrys virescens</i>		Prealpes de Grasse
<i>Ophrys exaltata arachnitiformis</i>		Prealpes de Grasse
<i>Ophrys scolopax</i>	Woodcock Orchid	Maures 2024
<i>Serapias lingua</i>		Maures
<i>Serapias vomeracea</i>		At the aire on the A57, etc.
<i>Serapias cordigera</i>		Maures 2024
<i>Serapias neglecta</i>		Locally numerous, Maures and Rayol
<i>Serapias olbia</i>		2 at Maures

Systematic List Number 2

Butterflies

Papilionidae

Scarce Swallowtail	<i>Iphiclides podalirius</i>	Alpes Maritimes
Southern Festoon	<i>Zerynthia polyxena</i>	Maures, c.4
Spanish Festoon	<i>Zerynthia rumina</i>	Ste.Baume

Pieridae

Large White	<i>Pieris brassicae</i>	Scattered records
Green-veined White	<i>Artogeia napi</i>	Scattered records
Orange-Tip	<i>Anthocharis cardamines</i>	Scattered records, several at Ste. Baume
Moroccan Orange-tip	<i>Anthocharis belia</i>	4+ Ste.Baume, Esterel
Clouded Yellow	<i>Colias crocea</i>	Scattered records
Berger's Clouded Yellow	<i>Colias alfacariensis</i>	Alpes Maritimes
Brimstone	<i>Gonepteryx rhamni</i>	Scattered records
Cleopatra	<i>Gonepteryx cleopatra</i>	Maures and Ste.Baume

Lycaenidae

Green Hairstreak	<i>Callophrys rubi</i>	Maures
Small Copper	<i>Lycaena phlaeas</i>	Maures
Lang's Short-tailed Blue	<i>Leptotes pirithous</i>	
Holly Blue	<i>Celastrina argiolus</i>	Scattered records
Black-eyed Blue	<i>Glaucopsyche melanops</i>	Several in Alpes Maritimes
Baton Blue	<i>Pseudophilotes baton</i>	A male Ste.Baume

Libytheidae

Nettle-tree Butterfly	<i>Libythea celtis</i>	Above Grimaud
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Nymphalidae

Red Admiral	<i>Vanessa atalanta</i>	A few records
Painted Lady	<i>Vanessa cardui</i>	Widespread in small numbers
Queen-of-Spain Fritillary	<i>Issoria lathonia</i>	Prealpes de Grasse

Satyridae

Wall Brown	<i>Lasiommata megera</i>	Maures and Ste.Baume
Speckled Wood	<i>Pararge aegeria</i>	

Systematic List Number 3

Birds

Little Egret	<i>Egretta garzetta</i>	A few records
Mallard	<i>Anas platyrhynchos</i>	Scattered records
Griffon Vulture	<i>Gyps fulvus</i>	On 2 days Prealpes de Grasse
Honey Buzzard	<i>Pernis apivorus</i>	Prealpes de Grasse
Black Kite	<i>Milvus migrans</i>	Maures
Buzzard	<i>Buteo buteo</i>	Scattered records
Kestrel	<i>Falco tinnunculus</i>	Scattered records
Pheasant	<i>Phasianus colchicus</i>	On 2 days near St.Roux
Black-headed Gull	<i>Larus ridibundus</i>	On the Var at Nice
Yellow-legged Gull	<i>Larus cachinnans</i>	Widespread
Rock Dove	<i>Columba livia</i>	Widespread
Woodpigeon	<i>Columba palumbus</i>	Widespread
Collared Dove	<i>Streptopelia decaocto</i>	Widespread around habitation
Cuckoo	<i>Cuculus canorus</i>	Often heard
Common Swift	<i>Apus apus</i>	Maures
European Bee-eater	<i>Merops apiaster</i>	L'Esterel
Hoopoe	<i>Upupa epops</i>	Prealpes de Grasse and heard Maures
Wryneck	<i>Jynx torquilla</i>	Heard Prealpes de Grasse
Great Spotted Woodpecker	<i>Dendrocopos major</i>	Scattered records
Woodlark	<i>Lullula arborea</i>	Often heard
Skylark	<i>Alauda arvensis</i>	Prealpes de Grasse
Crag Martin	<i>Ptyonoprogne rupestris</i>	Scattered records
Swallow	<i>Hirundo rustica</i>	Widespread
Tree Pipit	<i>Anthus trivialis</i>	Maures
Grey Wagtail	<i>Motacilla cinerea</i>	Alpes Maritimes
White Wagtail	<i>Motacilla alba</i>	Scattered records
Dunnock	<i>Prunella modularis</i>	Scattered records
Robin	<i>Erithacus rubecula</i>	Scattered records
Black Redstart	<i>Phoenicurus ochruros</i>	Prealpes de Grasse
Common Redstart	<i>Phoenicurus phoenicurus</i>	Day 3 and Alpes Maritimes
Northern Wheatear	<i>Oenanthe oenanthe</i>	Prealpes de Grasse
Blackbird	<i>Turdus merula</i>	Widespread
Song Thrush	<i>Turdus philomelos</i>	Heard
Mistle Thrush	<i>Turdus viscivorus</i>	Prealpes de Grasse
Sardinian Warbler	<i>Sylvia melanocephala</i>	Scattered records
Garden Warbler	<i>Sylvia borin</i>	Heard
Blackcap	<i>Sylvia atricapilla</i>	Scattered records
Bonelli's Warbler	<i>Phylloscopus bonelli</i>	Heard
Chiffchaff	<i>Phylloscopus collybita</i>	Scattered records
Firecrest	<i>Regulus ignicapillus</i>	Heard
Long-tailed Tit	<i>Aegithalos caudatus</i>	Scattered records
Coal Tit	<i>Parus ater</i>	Prealpes de Grasse
Blue Tit	<i>Parus caeruleus</i>	Widespread
Great Tit	<i>Parus major</i>	Widespread
Nuthatch	<i>Sitta europaea</i>	Heard
Golden Oriole	<i>Oriolus oriolus</i>	Prealpes de Grasse

Jay	<i>Garrulus glandarius</i>	Widespread
Magpie	<i>Pica pica</i>	Widespread
Carrion Crow	<i>Corvus corone cornix</i>	Widespread
Starling	<i>Sturnus vulgaris</i>	Scattered records
House Sparrow	<i>Passer domesticus</i>	Widespread
Chaffinch	<i>Fringilla coelebs</i>	Widespread
Serin	<i>Serinus serinus</i>	Scattered records
Greenfinch	<i>Carduelis chloris</i>	Scattered records
Goldfinch	<i>Carduelis carduelis</i>	Scattered records
Linnet	<i>Carduelis cannabina</i>	Prealpes de Grasse
Cirl Bunting	<i>Emberiza cirius</i>	Scattered records
Corn Bunting	<i>Miliaria calandra</i>	Scattered records

Systematic List Number 4 Amphibians, Reptiles & Mammals

Common Midwife Toad	<i>Alytes obstetricans</i>	Heard at St.Roux
Marsh Frog	<i>Pelophylax ridibundus</i>	Chateau St.Roux
Western Green Lizard	<i>Lacerta bilineata</i>	Ste.Baume
Ladder Snake	<i>Rhinechis scalaris</i>	Rayol
Red Squirrel	<i>Sciurus vulgaris</i>	Prealpes de Grasse
Roe Deer	<i>Capreolus capreolus</i>	Prealpes de Grasse
Wild Boar	<i>Sus scrofa</i>	Sign
Rabbit	<i>Oryctolagus cuniculus</i>	Sign